

## Spa Menu

### AVEDA™ Body Relieving Massages

Soothe away all your cares. Our luxurious massages are customized with AVEDA™ essential oils and aromas of your choice, accompanied by the gentle sounds and melodies of the rain forest.

**Hot Stone Massage** 60 minutes \$75

Indulge in the ultimate relaxation massage experience. Hot basalt stones are used to ease tension, and heat is applied to areas of excess tension to soothe and invigorate.

**Relaxation Massage** 60 minutes \$60      30 minutes \$30

Balance mind, body and spirit with this restful massage. We focus on balancing your body's seven energy centers for an overall feeling of emotional, physical and spiritual wellness.

### AVEDA™ Hand Relieving Treatments

Each service includes customized treatment for your hands and feet. Rejuvenating service includes proper maintenance and grooming of nails and cuticles and a personalized massage.

Mini Manicure	\$17	Spa Manicures - choose between :	
Manicure	\$30	Rosemary Mint	\$37
French Manicure	\$37	Caribbean	\$37
Polish Removal & Application	\$10	Aqua Therapy	\$37
Shellac™ Polish + cuticle treatment	\$20	Paraffin	\$37
Shellac™ Removal & Application	\$25		

### AVEDA™ Foot Relieving Treatments

Pedicure	\$40	Spa Pedicures - choose between :	
French Pedicure	\$45	Rosemary Mint	\$50
Polish Removal & Application	\$10	Caribbean	\$50
Shellac™ Polish + cuticle treatment	\$20	Aqua Therapy	\$50
Shellac™ Removal & Application	\$25	Paraffin	\$50

Shellac™ is our new nail product that wears like gel and lasts up to two weeks longer than regular polish, without the harmful effects of chemicals.

### Depilatories

A safe method of removing unwanted hair. Regular waxing promotes lighter hair growth and beautiful, smooth skin.

Eyebrows	\$10	Chin	\$10	Ear / Nose	\$5	1/2 Legs	\$30
Eyebrow Tint	\$10	Lip and Chin	\$17	Forearm	\$22	Full Legs	\$60
Eyelash Tint	\$15	Sides of Face	\$17	Full Arm	\$30	Bikini	\$25
Upper Lip	\$10	Full Face	\$17	Underarms	\$20	Back / Chest	\$25

## AVEDA™ Elemental Nature Facials

Restore healthy balance to your skin with a customized facial, based on the elemental natures questionnaire, personalized products, essential oil aromas and facial techniques.

### **Infinity & Air Nature Facial** 60 minutes \$60

This facial is perfect if you find your skin feeling dry & dehydrated. Using customized products, we balance your skin by revitalizing, calming and deeply hydrating your skin.

### **Fire Nature Facial** 60 minutes \$60

This facial is great if you find your skin sensitive, have distended capillaries, or have noticeable redness. By using our aroma-free products, our goal is to calm and soothe your skin, while gently exfoliating, deeply hydrating and reducing redness.

### **Water & Earth Nature Facial** 60 minutes \$60

This facial is perfect if you find your skin oily, have large pores, blackheads or spot blemishes. Our goal is to clarify and purify your skin by removing debris and dead skin cells, drawing out impurities while leaving your skin feeling fresher, smoother and radiant.

### **Radiant Skin - Botanical Resurfacing** 60 minutes \$80

A gentler, natural alternative to microdermabrasion. Customized for all natures and featuring special professional-only tourmaline product, a natural energizing mineral. This rejuvenating facial encourages the skin's own natural process through refining products and a high touch treatment approach, visibly improving your skin's radiance. For optimum results, a series of four treatments with a personalized home care regimen is recommended.

### **Perfecting Plant Peel** 30 minutes \$50 (or add to any service for \$25)

Experience Aveda's Perfecting Plant Derived Peel, a potent age-defying masque that delivers instant results. Clinically proven to perform like a 30% glycolic peel, without the associated redness and irritation. Benefit from retexturized skin, with increased tone and clarity, and a visible reduction of fine lines and wrinkles. The result is a smooth, refined and even-toned complexion - skin that looks perfected by nature.

## AVEDA™ Spa Facials

### **Green Science** 90 minutes \$90

Focuses on minimizing the appearance of lines and wrinkles, visibly lifting and firming, boosting collagen and elastin production, as well as moisturizing your skin.

### **Outer Peace** 90 minutes \$90

Help eliminate acne breakouts, reducing lesions, sebum, shine and redness, and enhancing smoothness while reducing both pore size and pore clogs. Restore harmonic balance to body, mind and spirit.

### **Enbrightenment** 90 minutes \$90

Target age spots, freckles, dark spots and sun spots, enhancing your skin's luminosity and clarity. Reward yourself with a brighter, more even skin tone, without using harsh products.

## AVEDA™ Body Treats

### **Purifying Back Treatment** 60 minutes \$70

Just as the skin on the face can become unbalanced, so can the skin on the back. A complete facial for the back including cleansing, toning, exfoliation, extractions (if necessary), massage and masque.

### **Rosemary Mint Awakening Wrap** 60 minutes \$75

Let your senses come alive. Your body is exfoliated, smoothed and pressure points of the body activated and wrapped. Essences of peppermint and rosemary will awaken your senses, while scalp and foot massages balance the whole body.

### **Caribbean Therapy Body Treatment** 90 minutes \$90

The tropics await you! A rejuvenating and nurturing treatment that uses the healing touch and ingredients of the Caribbean. Treatment begins with a dry exfoliation followed by a smoothing detoxifying seaweed masque, comforting body wrap, and scalp and face massage. After a refreshing shower, a restorative body massage completes this island-inspired experience.

### **Aqua Polish** 60 minutes \$75

Cleanse, exfoliate and moisturize, using Aveda's unique blend of mineral-rich Dead Sea salts, blended with exotic oils to condition the skin.

### **Detoxifying Steam Treatment** 10 minutes \$20

Envelope your body in purifying aromatic steam, for relaxation and detoxification. The heat speeds up the body's chemical processes, which reduces accumulated toxins. A perfect addition to any facial or body treatment.

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